

letuce L Feb , arugula M Feb
Peas m Feb followed by Cucumbers/ zucchini undersown sweet clover
Peas M Feb
letuce L Feb, Arugula M Feb,

Carrots (L Feb) undersown white clover end May
Chard L Feb
Spinich M Feb

Basils
Garlic in Nov

Kale (late Feb)	Pole beans 4/ 15; Undersow vetch 5/20	Garlic
	Cannelli beans 3/18	
	Wax beans & romano bush beans 3/18, undersow vetch 4/22	

Tomatoes April
followed by oats

	Notes	Seeding	Mow/turn
Harry vetch	winter hardy, annual legume. is one of the best nitrogen-fixers, high phosphorus and potassium requirements wait 3 years before planting another legume crop.	Late Aug - Sept	Mow late may
Oats (small grain)	grows quickly, easily killed plant in spring for green manure fall for ground cover	mid Aug- sept	turn under
Sweet Clover	biennial mix w/ oats as it is slow to estab. Does not provide great weed supression early on.		mow before bloom in 2nd yr. when 12 - 24 inches
White clover	Perennial		uproot and incoporrate
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